

Moving Things

The amount of effort you put into a push affects how an object moves. The stronger a push, the more an object will move.

Have you ever had someone push you on a swing? What happens when you are pushed harder?

The harder you are pushed, the faster and the higher you will move.



The amount of effort you put into a pull also affects how an object moves. The harder you pull, the more the object will move.

Have you ever played tug-of-war? The harder you pull, the more the other team will move. If you pull hard enough, they could even fall over.

